

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>1</p> <p>9:30 Men/Women Coffee 10:30-11:30 Flu Shot Clinic 1:30 Kuddle Dolls 5:30 Dinner 6:45 "65" Game Night</p>	<p>2</p> <p>9:30 Men/Women Coffee 10:00-11:30 Card Shop 10:15 UnityPoint Exercise 1:00 Bridge 4:20 Zumba 5:30 Dinner 6:45 "500" Game Night Larry's Window Washing (Outside windows)</p>	<p>3</p> <p>9:30 Men/Women Coffee 5:30 Dinner</p>	<p>4</p> <p>9:30 Men/Women Coffee 9:30 Fareway 10:15 UnityPoint Exercise 11:30 Exercise Class in Tree Top Lounge (east elevator) 1:00 Hy-Vee 2:30-3:30 Card Shop 5:30 Dinner 6:45 Cribbage & Poker</p>	<p>5</p> <p>9:30 Men/Women Coffee 9:30 Fareway 10:15 UnityPoint Exercise 11:30 Exercise Class in Tree Top Lounge (east elevator) 1:00 Hy-Vee 2:30-3:30 Card Shop 5:30 Dinner 6:45 Cribbage & Poker</p>	<p>6</p> <p>9:30 Men/Women Coffee 10:00 UnityPoint Blood Pressure Clinic 10:00 Bible Study 4:30 Fireside Friday 5:30 Fall Gala (sign up via purple meal order form)</p>	<p>7</p> <p>9:30 Men's Coffee 2:00 Women's Coffee</p>
<p>8</p> <p>9:30 Men/Women Coffee 3:00 Page Turners 5:30 Dinner 6:45 "65" Game Night</p>	<p>9</p> <p>9:30 Men/Women Coffee 10:00-11:30 Card Shop 10:15 UnityPoint Exercise 4:20 Zumba 5:30 Dinner 6:45 "500" Game Night</p> <p>Columbus Day (US) Thanksgiving Day (Canada)</p>	<p>10</p> <p>9:30 Men/Women Coffee 5:30 Dinner 6:45 Rummikub</p>	<p>11</p> <p>9:30 Men/Women Coffee 9:30 Fareway 10:15 UnityPoint Exercise 11:30 Exercise Class in Tree Top Lounge (east elevator) 1:00 Hy-Vee 2:30-3:30 Card Shop 5:30 Dinner 6:45 Cribbage & Poker</p>	<p>12</p> <p>9:30 Men/Women Coffee 9:30 Fareway 10:15 UnityPoint Exercise 11:30 Exercise Class in Tree Top Lounge (east elevator) 1:00 Hy-Vee 2:30-3:30 Card Shop 5:30 Dinner 6:45 Cribbage & Poker</p>	<p>13</p> <p>9:30 Men/Women Coffee 10:00 Bible Study 11:00 Van departs for Lunch Out at Iowa Culinary Institute-DMACC 4:30 Fireside Friday 5:30 Dinner 7:00 Movie in Home Theater "Wild Oats"</p>	<p>14</p> <p>9:30 Men's Coffee 1:30 Pat Helms Birthday Party in Dining Room (All are welcome)</p>
<p>15</p> <p>9:30 Men/Women Coffee 2:00 Birthday/Anniversary Party-Host: Dick Boyer 5:30 Dinner 6:45 "65" Game Night</p> <p>Beanbag Tournament Begins</p>	<p>16</p> <p>9:30 Men/Women Coffee 10:00-11:30 Card Shop 10:15 UnityPoint Exercise 1:00 Bridge 4:20 Zumba 5:30 Dinner 6:45 "500" Game Night</p>	<p>17</p> <p>9:30 Men/Women Coffee 9:30 Walmart Shopping 10:45 Shuttle departs for Prairie Meadows 2:30 DSM Senior Singers 5:30 Dinner</p>	<p>18</p> <p>9:30 Men/Women Coffee 9:30 Fareway 10:15 UnityPoint Exercise 11:30 Exercise in Tree Top 1:00 Hy-Vee 2:30-3:30 Card Shop 4:45 Alzheimer's Support Grp 5:30 Dinner 6:45 Cribbage & Poker</p>	<p>19</p> <p>9:30 Men/Women Coffee 9:30 Fareway 10:15 UnityPoint Exercise 11:30 Exercise in Tree Top 1:00 Hy-Vee 2:30-3:30 Card Shop 4:45 Alzheimer's Support Grp 5:30 Dinner 6:45 Cribbage & Poker</p>	<p>20</p> <p>9:30 Men/Women Coffee 10:00 Bible Study 2:30 Jeopardy (Coffee Shop) 4:30 Fireside Friday 5:30 An Evening in Paris (Themed Dinner)</p>	<p>21</p> <p>9:30 Men's Coffee 2:00 Women's Coffee 3:00 Zumba 7:00 Bingo – Caller: Bob Bernard</p>
<p>22</p> <p>1:15 Van departs for Des Moines Community Orchestra Fall Concert – Drake University, Sheslow Auditorium (Free)</p> <p>2:30 Movie in Home Theater "The Accountant"</p>	<p>23</p> <p>9:30 Men/Women Coffee 10:00-4:00 Dress A Girl 5:30 Dinner 6:45 "65" Game Night</p>	<p>24</p> <p>9:30 Men/Women Coffee 10:00-11:30 Card Shop 10:15 UnityPoint Exercise 1:00 Bridge 4:20 Zumba 5:30 Dinner 6:45 "500" Game Night</p>	<p>25</p> <p>9:00 Van departs for breakfast out at Brickhouse Cafe 9:30 Men/Women Coffee 5:30 Dinner</p>	<p>26</p> <p>8:30 Foot Clinic 9:30 Men/Women Coffee 9:30 Fareway 10:15 UnityPoint Exercise 11:30 Exercise in Tree Top 1:00 Hy-Vee 2:30-3:30 Card Shop 5:30 Dinner 6:45 Cribbage & Poker</p>	<p>27</p> <p>9:30 Men/Women Coffee 10:00 Bible Study 4:30 Fireside Friday 5:30 Dinner</p>	<p>28</p> <p>9:30 Men's Coffee 2:00 Women's Coffee 3:00 Zumba</p>
<p>29</p> <p>9:30 Men/Women Coffee 10:00-12:00 "Ask Angie" Technology Q&A 5:30 Dinner 6:45 "65" Game Night</p>	<p>30</p> <p>9:30 Men/Women Coffee 10:00-11:30 Card Shop 10:15 UnityPoint Exercise 1:00 Bridge 4:20 Zumba 5:30 Dinner 6:45 "500" Game Night</p>	<p>31</p> <p>9:30 Men/Women Coffee 10:00-11:30 Card Shop 10:15 UnityPoint Exercise 1:00 Bridge 4:20 Zumba 5:30 Dinner 6:45 "500" Game Night</p> <p>Halloween</p>	<p>Committee Meetings: Social - 10/4 at 10 AM Library - Mondays at 10 AM Woodshop – 10/12 at 9 AM Arts & Crafts – 10/2 at 1:30 PM RAC Open Forum – 10/17 at 11 AM Building & Grounds – 10/16 at 8:30 AM</p> <h1 style="text-align: center;">October 2017</h1> <h2 style="text-align: center;">The Reserve on Walnut Creek</h2>			