Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Men/Women Coffee 10:30 Meals/Heartland Labeling in Craft Room 1:30 Kuddle Dolls 5:30 Dinner 6:45 "65" Game Night	9:30 Men/Women Coffee 10:00-11:30 Card Shop 11:00 Exercise in The Loft 1:00 Bridge 4:20 Zumba Gold 5:30 Dinner 6:45 "500"	9:30 Men/Women Coffee 2:00 Cribbage 5:30 Dinner 6:45 Hand & Foot	9:30 Men/Women Coffee 10-11:30 Flu Shot Clinic 10:30 Fareway & Hy-Vee 11:00 Exercise in The Loft 1:30 Hy-Vee WindsHeights 2:30-3:30 Card Shop 5:30 Dinner 6:45 Poker – Game Room 6:45 Rummikub	9:30 Men/Women Coffee 10:00 Bible Study 10:00 UnityPoint Blood Pressure Clinic 4:00 Fireside Friday 5:30 Dinner	9:30 Men's Coffee 11:00 Exercise in The Loft 1:30-3:30 Senior College in Home Theater 3:00 Zumba Gold 2:00 Women's Coffee
7	9:30 Men/Women Coffee 3:00 Page Turners 5:30 Dinner 6:45 "65" Game Night Columbus Day (US) Thanksgiving Day (Canada)	9:30 Men/Women Coffee 10:00-11:30 Card Shop 11:00 Exercise in The Loft 1:00 Bridge 4:20 Zumba Gold 5:30 Dinner 6:45 "500"	9:30 Men/Women Coffee 12:00-3:00 Scratch Cupcake Truck in Reserve Parking Lot 2:00 Cribbage 5:30 Dinner 6:45 Hand & Foot	9:30 Men/Women Coffee 10:30 Fareway & Hy-Vee 11:00 Exercise in The Loft 1:30 Hy-Vee WindsHeights 2:30-3:30 Card Shop 5:30 Dinner 6:45 Poker – Game Room 6:45 Rummikub	9:30 Men/Women Coffee 10:00 Bible Study 4:00 Fireside Friday 5:30 Dinner 7:00 Movie in Home Theater "Oceans 8"	9:30 Men's Coffee 11:00 Exercise in The Loft 2:00 Women's Coffee
14		9:30 Men/Women Coffee 16 10:00-11:30 Card Shop 11:00 RAC Open Forum 11:00 Exercise in The Loft 1:00 Bridge 4:20 Zumba Gold 5:30 Dinner 6:45 "500"	9:30 Men/Women Coffee 9:30 Walmart Shopping 2:00 Cribbage 5:30 Dinner 6:45 Hand & Foot	9:30 Men/Women Coffee 10:30 Fareway & Hy-Vee 11:00 Exercise in The Loft 1:30 Hy-Vee WindsHeights 2:30-3:30 Card Shop 5:30 Dinner 6:45 Poker – Game Room 6:45 Rummikub	9-Noon Butter Braids Sale in Coffee Shop 9:30 Men/Women Coffee 10:00 Bible Study 3:00 Adam Poole Piano Performance 4:00 Fireside Friday 5:30 Dinner	9:30 Men's Coffee 11:00 Exercise in The Loft 2:00 Women's Coffee 7:00 Bingo Caller: Bob Moore
2:30 Movie in Home Theater "Home Again"	9:30 Men/Women Coffee 10-4 Dress A Girl 5:30 Dinner 6:45 "65" Game Night	8:30 Foot Clinic 23 9:30 Men/Women Coffee 10:00-11:30 Card Shop 11:00 Exercise in The Loft 1:00 Bridge 4:20 Zumba Gold 5:30 Dinner 6:45 "500"	9:30 Men/Women Coffee 10-Noon Senior College Class in Home Theater 2:00 Cribbage 5:30 Dinner 6:45 Hand & Foot	9:30 Men/Women Coffee 10:30 Fareway & Hy-Vee 11:00 Exercise in The Loft 1:30 Hy-Vee WindsHeights 2:30-3:30 Card Shop 5:30 Dinner 6:45 Poker – Game Room 6:45 Rummikub	9:30 Men/Women Coffee 10:00 Bible Study 4:00 Fireside Friday 5:30 Dinner	9:30 Men's Coffee 11:00 Exercise in The Loft 3:00 Zumba Gold 2:00 Women's Coffee
28	9:30 Men/Women Coffee 12:00 Prairie Meadows 5:30 Dinner 6:45 "65" Game Night	9:30 Men/Women Coffee30 10:00-11:30 Card Shop 11:00 Exercise in The Loft 11:00 Dollar Tree Outing 1:00 Bridge 4:20 Zumba Gold 5:30 Dinner 6:45 "500"	9:30 Men/Women Coffee 10:00 Read To Me 2:00 Cribbage 3:00 Canine Costume Party on the Patio - Halloween 5:30 Dinner 6:45 Hand & Foot	October 2018		